



*"People
helping people
help
themselves"*

Mitchell E. Daniels, Jr., Governor
State of Indiana

Division of Mental Health and Addiction
402 W. WASHINGTON STREET, ROOM W353
INDIANAPOLIS, IN 46204-2739
317-232-7800
FAX: 317-233-3472

Anne Waltermann Murphy, Secretary

October 6, 2009

To: Indiana ATR Providers

From: Eric Scott, Program Director
Indiana Access to Recovery

Re: Memo 026 – Outpatient Treatment Definition and Rate Clarification

This memo serves to clarify the guidelines for outpatient treatment. In order to meet the minimum standards as outlined in the Indiana Code and to provide service in accordance with SAMHSA best practice, the following guidelines must be met to bill for each outpatient category.

- Intensive Outpatient (IOP): clinically-based group sessions that are at least two hours in length, with client participation expected at least three times per week. Reimbursed at \$35.27 per unit, with one unit equal to one session.
- Outpatient (OP): clinically-based group sessions that are at least two hours in length, less than three times per week. Effective October 17, 2009, this service will be reimbursed at \$32.20 per unit, with one unit equal to one session.
- Clinical Care Counseling Group: clinically-based group sessions that are at least one hour in length. Reimbursed at \$16.10 per unit, with one unit equal to one session.

The revised Outpatient Treatment service definition and ATR Rate Sheet are attached to this email. Appendix B has also been updated with this information. Contact your county representative if you need further clarification on this policy.

Thank you,

Eric Scott
Program Director
Indiana Access to Recovery, Division of Mental Health and Addiction

Cc: Diana Williams



OUTPATIENT TREATMENT

Organizations providing outpatient treatment are expected to provide clients with individual and group treatment sessions appropriate to the needs of the particular client. Individual Addictions Treatment, Outpatient, Intensive Outpatient, and Continuing Clinical Counseling may be provided as part of these services. IOP programs shall consist of not less than 3 sessions per week of group addictions counseling. Each of these sessions must be of at least 2 hours in length and must be consistent with all other DMHA or CSDS certification standards. Outpatient and continuing clinical counseling should require active progression of the particular client through a previously agreed treatment plan designed to lead to perpetual sobriety. Outpatient groups must be at least 2 hours in length. Continuing Clinical Counseling groups must be at least 1 hour in length. No organization may provide these services without prior certification by DMHA. In accordance with SAMHSA best practice, group sessions should have at least 5 participants and should not exceed 12 participants. ATR vouchers will only pay for outpatient treatment services in support of individual clients' addictions recovery activities as listed in their individual recovery plan.

Indiana Access to Recovery is a supplemental voucher program. The funds accessed by the client through ATR are intended to help clients begin a recovery oriented life, or to overcome a period of relapse, But are insufficient to provide for all of the needs of a recovering individual. Utilization of this service should be limited to clients for whom access to outpatient treatment services will remove triggers to relapse or obstacles to recovery.

Day treatment, residential treatment, and in-patient treatment programs are specifically prohibited from funding through this program. Sessions in excess of the minimum number of minutes shall not be considered multiple sessions.

During the clients' participation with Indiana Access to Recovery, total expenditures for Outpatient Treatment services combined with all other clinical services should not exceed \$1,200.00 and all services ATR funds on behalf of an individual client should not exceed the maximum combined expenditures as listed and updated in periodic memos from the Indiana Access to Recovery state office.

Modality or Service Type	Cost Per Unit	Unit	Category Maximum	Maximum combined expenditure
Individuals Addictions Treatment	\$16.05	¼ hour	\$1,200.00	\$3,000.00
IOP – Group	\$35.27	Session = 120+ mins		
Outpatient	\$32.20	Session = 120+ mins.		
Continuing Clinical Counseling	\$16.10	Session = 60+ mins.		



Indiana Access to Recovery (ATR) – Reimbursement Rates

The reimbursement rates for each of the services available through Indiana Access to Recovery are listed below. These rates are subject to change. **No change will be retroactive.**

Modality or Service Type	Cost Per Unit	Unit	Maximum combined expenditure	
Recovery Support Services			\$3,000.00	
Transportation Agency Vehicle	\$ 1.21	Mile		
Transportation Bus/Van/Cab - ticketed/billed	Less than \$6 / trip	Actual Expense +10%		
Employment Services – Individual	\$ 30.00	Hour		
Employment Services – Group	\$ 5.00	Hour		
Employment Services – Supplies	\$ 1.00	Actual Expense		
Continuing Care	\$ 1.00	Actual Expense		
Individual Community and/or Faith Based Support	\$ 30.00	Hour		
Group Community and/or Faith Based Support	\$ 5.00	Hour		
Individual SA Prevention/Intervention Education	\$ 30.00	Hour		
Group SA Prevention/Intervention Education	\$ 5.00	Hour		
Parenting Support Services < 12 Children	\$ 4.00	1/2 hour - 1 child		
Individual G.E.D. and Supportive Education	\$ 25.00	Hour		
Group G.E.D. and Supportive Education	\$ 5.00	Hour		
Peer to Peer Services	\$ 7.50	1/4 hour		
Individual Parenting Education	\$ 30.00	Hour		
Group Parenting Education	\$ 5.00	Hour		
AOD Screening - instant test	\$ 10.00	One Test		
AOD Screening - lab test – confirmation	\$ 15.00	One Test		
Modality or Service Type	Cost Per Unit	Unit		Category Maximum Per Client
Emergency Housing Assistance	\$ 30.00	1 day		\$ 210.00
Transitional Housing Assistance	\$ 10.00	1 day		\$ 900.00
Family and Marital Counseling	\$ 45.00	Session=50+ mins.		\$ 1,000.00
Family and Marital Counseling - Group	\$ 20.00	Session=50+ mins.		
Clinical Services				
Detoxification	\$ 78.00	24 hours	\$ 1,200.00	
Assessment - Diagnostic Interview	\$ 25.00	1/4 hour		
Outpatient Treatment				
Individual Addictions Treatment	\$ 16.05	¼ hour		
IOP - Group	\$ 35.27	Session=120+ mins		
Outpatient - Group	\$ 32.20	Session=120+ mins.		
Continuing Clinical Counseling - Group	\$ 16.10	Session=60+ mins.		
Integrated Treatment of Co-occurring Disorders	\$ 1.00	Medicaid Rate		
Medication Assisted Therapy				
MAT – Methadone	\$ 11.00	1 day		
MAT – Naltrexone	\$ 13.00	1 day		
MAT – Disulfiram	\$ 16.50	1 day		
MAT – Acamprosate Calcium	\$ 14.70	1 day		
MAT-Buprenorphine	\$ 29.00	1 day		
Recovery Consultation Services	See Recovery Consultation Services Rate			